

Voice use for Teachers

A course exploring vocal efficiency for classroom teachers of all subjects and all ages.

Teachers

- Are 32 times more likely to have voice problems than any other professionals
- Half of all teachers experience a voice disorder at some time in their professional life

Teachers

- use their voices more each day than most other professionals
- have little time to recover from their vigorous daily use
- are more exposed to upper respiratory infections
- increase their volume to overcome background noise
- work in rooms with poor acoustic conditions
- may be unaware of how to recover from vocal fatigue

Teachers have been defined as *an actor without the benefit of voice training*

This course will give the participant

- an overview of how the voice works
- detailed guidance for maintaining a healthy voice
- useful exercises to help establish optimum vocal function
- initial symptoms to look out for, in order to prevent further damage
- how to cope if it all goes wrong and you suffer severe voice loss

A teacher without a well-functioning, easy-to-hear voice is like an artist without a paintbrush.