

Introduction to Teaching Singing

This three-day course will give you a firm foundation in the knowledge and skills necessary to begin teaching singing. It is perfect for young performers wishing to take on some teaching work. It will also suit more experienced musicians: accompanists and choral directors who would like to know more about vocal technique.

Experienced performers also move into teaching after a successful full-time performing career. There are often assumptions that they will know what it's all about, whereas we can find that teaching someone else how to use their voice is very different from our own experience of vocal production.

Day 1

A basic introduction to how the voice works

Postural alignment and balance

Breath management

The larynx and the vocal folds

The vocal tract: jaw and tongue

Day 2

Voice over the lifespan

Vocal development of children: limitations and possibilities at each age

Adolescent voices: recognising the stages of voice change in boys' voices, teenage girls' voices

Voice changes through the adult lifespan: menopause and ageing

Day 3

Structuring lessons and rehearsals

Warm-ups: what are we doing and how

Learning and habit-forming; motor learning skills

Vocal health: looking after the voice in sickness and in health